

# Teachers Need a Helping Hand



## What are Teachers Feeling?

73%

experience frequent job-related stress

59%

report feeling burnout

28%

experience symptoms of depression

24%

feel they are unable to cope with job-related stress well

## What's the Source of Their Stress?

47%

lost instructional time from COVID

29%

struggle to manage student behavior

25%

have to take on extra work

22%

feel that salary is insufficient

## What's the Result

A study conducted in 2022 found that **600,000** educators left the field since 2020

## Possible Solutions

1. higher salaries
2. additional mental support for students
3. Hiring more teachers and support staff

Statistics cited from online articles "Survey: Alarming Number of Educators May Soon Leave the Profession" & "Stress, Burnout, Depression: Teachers and Principals Are Not Doing Well, New Data Confirm."